

Greetings!

On behalf of our entire organization, I extend my gratitude for your commitment to join us during our 25<sup>th</sup> anniversary year in 2023! Whether this will be your first time visiting, or you are coming back as a returning volunteer, I look forward to working with you.

Here at Re-Member, we provide a service-learning experience, giving our volunteers the chance to not only work across Pine Ridge with our Lakota friends, but the opportunity to be immersed in their culture as well. We believe that forming relationships with the Lakota, and studying their history, culture, and spirituality – as told by the Lakota people themselves – is as important as the work we do to improve the quality of life.

Enclosed, you will find important information to help you plan for your trip. We have implemented several new policies and procedures, so whether this is your first trip, or you are a seasoned veteran, please review this packet fully!

- **GROUP LEADERS:** Pages 2 7
- ALL VOLUNTEERS: Pages 8 15

If we can be of any assistance as you prepare for your visit, do not hesitate to contact us.

Since the onset of COVID-19, we have been guided by the principle that **the safety of our volunteers**, and the **peace of mind and good health of Pine Ridge residents is our top priority.** Re-Member has worked closely with the Oglala Sioux Tribe's COVID-19 Task Force, and will be complying with the tribe's guidelines. Per tribal ordinance, volunteers must be fully vaccinated against COVID-19, and will be required to submit proof of vaccination prior to arriving on the reservation.

If you have any questions or concerns about our safety protocols, please reach out.

We are excited to have you join us!

Sincerely yours,

Cory True Executive Director and the Re-Member staff and Board of Directors

### **OVERVIEW OF RE-MEMBER'S TRIP RESERVATION PROCESS**

## If you have any questions, please do not hesitate to contact us! Email your Volunteer Trip Coordinator, Paula Sibal at: trips@re-member.org.

### PROCESS AT-A-GLANCE

- Designate a Group Leader (for trips of more than one person)
- Request your spot(s) on the Re-Member website; Electronically sign Terms and Conditions agreement
- Pending approval of your trip request, make your first payment (40% of total balance) by due date
- Submit your volunteer forms by due dates
- Make your final payment (60% of total balance) by due date
- Prepare for your trip by reviewing the enclosed pre-trip information

### **STEP ONE: RESERVE YOUR SPOT(S)**

1. Meet with your group (if applicable) to determine the number of people who are FIRMLY committed to attending. Designate a Group Leader (for trips of more than one person) who will be the point of contact for Re-Member's staff. The Group Leader will also be responsible for signing Re-Member's Terms and Conditions (see page 4-5), submitting payments on behalf of the group, and ensuring all group members are submitting required forms by their due dates.

**Trips need to be booked for an accurate number of volunteers**. We understand that unexpected situations can occur, and will work with Group Leaders to respond to extenuating circumstances on a case-by-case basis. **Once payment due dates have passed, there are no refunds or roll-overs for dropped spots, per our Terms and Conditions. Please carefully review our Terms and Conditions (see page 4-5).** 

- 2. Visit our website to view real-time availability. Request your spot(s) by selecting the starting date of your week, and providing the required information. All spots will be held (pending staff review) in your account.
- 3. Your request will be reviewed and finalized by Re-Member staff. Pending approval of your trip request, a link will be emailed to the Group Leader with additional information including your first payment invoice, and volunteer form requirements/deadlines.

### **STEP TWO: MAKE YOUR TRIP PAYMENTS**

When the trip booking has been finalized and confirmed, our accounting team will generate a first payment invoice, and email it to the Group Leader. We require that each group payment be made via one check, money order, or credit card only. Checks or money orders should be made payable to Re-Member.

- 1. First payment (40% of total balance): Due within 14 days of trip invoice being generated.
- 2. Final payment (60% of total balance) / payment in full: A second invoice will be sent 12 weeks before trip date, with payment due 8 weeks prior to trip date. Trips booked less than 8 weeks in advance will require payment in full within 14 days of trip invoice being generated.

### **STEP THREE: SUBMIT YOUR GROUP LIST**

Our online system will ask Group Leaders to provide basic biographic information about each volunteer in your group. This will allow us to cross-reference the online volunteer forms against the names on your list and connect the volunteers with the appropriate trip. **Utilize the chart below to capture the required information prior to entering the information electronically into our trip website.** 

RE- MEMBER Form 1: Group List	This information can be submitted at time of booking, and MUST be submitted by the time of final payment.
-------------------------------------	--

	Name	Male	Female	Adult	Youth* Age 12-17	DOB
	Jane Volunteer		X	Х		1-1-1980
	Joey Volunteer	X			X	2-2-2010
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						

\*For Kids' Weeks, please note which volunteers will be participants in the Kids' Week Program by denoting ("KW") in the youth column.

### **STEP FOUR: SUBMIT YOUR VOLUNTEER FORMS**

Additional information will be emailed to Group Leaders with information about how and when to submit each remaining volunteer form. Group leaders are responsible for ensuring that all volunteers have completed their online forms at least one month prior to trip date.

### STEP FIVE: REVIEW PRE-TRIP INFORMATION / PREPARE FOR YOUR TRIP

Group Leaders should FULLY review the pre-trip information packet and prepare their group! A sample itinerary and packing list are included, and should be shared with all volunteers.



### **RE-MEMBER VOLUNTEER TRIP TERMS AND CONDITIONS**

**Group Leaders:** Please carefully review our Terms and Conditions prior to signing the electronic document at the time of your trip request submission!

All volunteers must electronically sign a portion of our Terms and Conditions agreeing to the trip fee and payment policy, documentation requirements, the Re-Member experience, and our tobacco, alcohol and drug policy.

By initialing/signing this document, you are confirming that you have the authority to enter a contract on your organization's behalf, and that you accept the responsibilities of the Group Leader (see page 5).

### TRIP FEES AND PAYMENT POLICY

- The per-person program fee is \$749, inclusive of a 4.5% tribal excise tax
- Kids' Week fees (for children age 8-11) will be \$374.50, inclusive of a 4.5% tribal excise tax
- School-sponsored trips will be reviewed and invoiced accordingly for tax-exempt eligibility

Based on strict IRS guidelines about tax-deductibility, donors are unable to receive a tax deduction when a good or service is received in return for the contribution. In this case, the trip fee covers the cost of services provided, materials, food, lodging, and transportation during your time with us and is not considered a donation to Re-Member.

**Payments are due on date specified on invoice.** For groups of two or more, payments are to be collected by the Group Leader and submitted via one check/credit card/ACH, rather than multiple checks from individual volunteers.

- FIRST PAYMENT (40% of total balance) is due within 14 days of trip invoice being generated.
- **FINAL PAYMENT (60% of total balance) is due 8 weeks prior to trip date**. Trips booked less than 8 weeks in advance will require payment in full within 14 days of the trip being invoiced.

### **CANCELLATION POLICY**

Failure to pay an invoice and/or inform Re-Member of a cancellation or delay in submitting payment prior to due date may result in your group's spots being released, a ban on booking future trips with Re-Member, and/or collection efforts.

**For cancellations/reductions AFTER the first payment due date:** There will be no refunds for cancellations/reductions, but the final payment balance will be recalculated to reflect the reduction in numbers.

**For cancellations AFTER the final payment due date:** There will be no refund or reduction in outstanding balance due.

### SUBSTITUTION/ADDITION POLICY

Substitution is permissible. Additions are possible if space is available. Forms for substitutions/additions are due at once. Additions less than 8 weeks in advance of trip date will require full and immediate payment.



### AGE REQUIREMENTS AND CHAPERONE RATIO POLICY

Volunteers must be age 12 or older. During our Kids' Week program, children ages 8-11 are welcomed.

We require a ratio of one (1) adult (18 years or older) for every six (6) young people (17 years or younger). If the group consists of male and female youth, the group must consist of one adult of each gender.

### **DOCUMENTATION REQUIREMENTS**

Each volunteer must complete a number of online forms. Instructions for completion will be provided by the Trip Coordinator. No volunteer will be permitted into Re-Member's facilities without these documents on file. **All forms are due by no less than one month prior to trip date.** 

### THE RE-MEMBER EXPERIENCE

Re-Member serves many different individuals and groups, as well as schools and universities. Re-Member's responsibility is to provide access to work experiences, exposure to Lakota culture, and most importantly, opportunities to build relationships with the Lakota people. **Re-Member insists that all volunteers adhere to our policy against any proselytizing whatsoever during the course of your stay**.

### TOBACCO, ALCOHOL, AND DRUG POLICY

The use of tobacco and marijuana products is not allowed in Re-Member buildings, vehicles, or while visiting sites across the reservation. The use of tobacco products is only permitted in designated area(s). Possession, consumption, and transportation of alcohol is illegal within the boundaries of the Pine Ridge Reservation, and are strictly forbidden at Re-Member.

### **GROUP LEADER RESPONSIBILITIES**

A Group Leader must be designated for each trip of two or more individuals. Group Leaders are responsible for remitting payments, ensuring all volunteer forms are submitted within guidelines, and ensuring all in their group always have insurance and emergency contact info with them. If the person who organizes the group will not be attending, an on-site Trip Leader must be designated and is responsible for the following:

- Group/Trip Leaders will collaborate with Re-Member staff to determine whether their volunteer(s) will participate in activities that could involve some measure of risk.
- Group/Trip Leaders are responsible for maintaining the order and discipline of their group.



### PRE-TRIP INFORMATION FOR GROUP LEADERS

This packet of information was put together to provide volunteers with everything needed to prepare for a trip to Re-Member. Our experience has been that groups benefit greatly from advance preparation by their group leaders. Please utilize the materials in this packet, and meet as often as you deem necessary in order to prepare your volunteers!

We recommend including **EVERYONE** (adults and youth) in your pre-trip preparations. We find that these meetings help to form stronger group dynamics. It also helps for groups to have some idea of what to expect once you arrive.

There will be some "free" time during the evenings for individual group activities and personal reflection. This is also a good time for journaling. If you wish to take advantage of these times, it will be your responsibility to lead such sessions with your group. Re-Member staff do offer a moderated evening discussion, when requested.

### HOW TO FIND US

In this packet (see page 16), you will find a map of where the Pine Ridge Reservation and Re-Member are located. **DO NOT RELY on phone/GPS or online mapping programs to find us!** There is no "grid" here on Pine Ridge, and we hate to say it, but we can pretty much guarantee that you will get lost.

Re-Member is accurately located on Google Maps, however, and the routing is reliable if you would like to print off a map to follow. Search for "Re-Member – Pine Ridge, South Dakota." **Please contact us if you have any questions regarding directions and we will gladly help you find the most direct route.** 

If you are flying or taking the bus, Rapid City, SD (RAP) is the closest airport and bus depot. We do provide a shuttle service from Rapid City for an additional charge. Please contact your Volunteer Trip Coordinator to utilize our shuttle service.

### **ARRIVAL AND DEPARTURE TIMES**

Trip weeks run from Saturday to Friday. It is VERY important that you arrive on time. Please make travel arrangements to arrive at Re-Member between 2 and 4 p.m. MOUNTAIN TIME on Saturday.

Dinner is at 5 p.m. on the evening of your arrival. If you are unable to be here by that time, you will have to plan for you/your group to eat on the road. If you absolutely cannot arrive by 6 p.m. please let us know prior to the day of your arrival so we can adjust our schedule accordingly.

Plan to leave Re-Member on Friday morning by 9 a.m. at the end of your week.

NOTE: If you cannot arrange your trip to fit within these time frames, we suggest you reschedule for a time when you can. Every moment of your week with us is an important part of the experience and we do not want you to miss anything!

MAILING AND SHIPPING ADDRESSES (do not use for navigation purposes!)

Via USPS (mail) Your name C/O Re-Member PO Box 5054 Pine Ridge, SD 57770 Via FedEX/UPS

Your name C/O Re-Member 48 County Road 17 Pine Ridge, SD 57770



### DONATIONS

If you are a Facebook and Amazon user, please follow us and check out our "Wish List Wednesday" posts.

**Re-Member welcomes your donated items for distribution via our community giveaway.** Goods can be brought to Re-Member when you are volunteering with us.

Please consult with Paula (trips@re-member.org) or Kimberly (kimberly@re-member.org), our Office Manager and Donation Coordinator, to learn about our most urgent needs.

### PERSONAL CARE PRODUCTS

- Women: Hairbrush, deodorant, body soap/wash, sanitary napkins, shampoo, conditioner, hair ties, toothbrush/paste
- Men: Comb, deodorant, body soap/wash, shampoo, conditioner, hair ties, toothbrush/paste, razor, shaving cream
- Toddlers: Toothbrush/paste
- Infants: Diapers (sizes 3/4/5+), diaper wipes, diaper rash cream, baby bottles w/ nipples, Enfamil w/ iron

### CLOTHING

New and packaged undergarments and socks; otherwise, new or laundered, gently-used clothing, shoes and boots.

- Infants: baby blankets, sleepers (newborn to age 2); any-sized clothing
- Toddlers/Teens: any sized clothing and footwear; undergarments, socks
- Adults: clothing & footwear (for hot or cold season); undergarments, socks

### BACK TO SCHOOL

- NEW backpacks
- Spiral notebooks and loose-leaf (wide and college rule), composite notebooks
- Binders, dividers, folders
- Crayons, colored pencils, markers, highlighters, pens, pencils, erasers, pencil cases/pouches
- Glue, glue sticks, scissors, rulers, pencil sharpeners

### **CHRISTMAS/WINTER**

- New unopened toys for any age
- Hats, gloves, scarves
- Jackets

### **MEDICAL SUPPLIES**

We respectfully ask that you do not send or bring: medications (new or out of date), syringes or needles, diabetic supplies, nebulizers, ostomy supplies, Vac dressings, or any previously opened personal care/medical products.



### PRE-TRIP INFORMATION FOR <u>ALL</u> RE-MEMBER VOLUNTEERS

### **Emergency Information**

**Important Phone Numbers:** Please utilize these phone numbers for travel-day updates, as well as providing this information to parents/contacts back home:

Cory True, Director: (605) 454-2262 | Will Paese, Operations Manager: (605) 454-2835

**Emergency Medical Information:** In case of medical emergencies or illness during your stay, we utilize the clinic and hospital at Gordon, Nebraska, which is 22 miles from our site. We are unable to utilize Pine Ridge Hospital, which is run by Indian Health Service, unless it is an extreme emergency.

*Medications for youth should be handled by group leaders, or the youth's parent(s), whichever is appropriate.* 

Any emergency resuscitation medications, such as an EpiPen, or nitroglycerin, and <u>HEALTH INSURANCE</u> <u>INFORMATION</u> MUST be brought by the volunteer and carried with them at all times!

### ABOUT OUR SCHEDULE

We have a busy week planned for you! A sample itinerary (page 13) is included in this packet. Before you arrive, we want you to know that EVERYTHING on the schedule is of equal importance! If it is part of our schedule, it is there for a reason. *Wisdom of the Elders* (morning) and *Roses and Thorns* (evening) are a crucial part of your experience with us, as they provide insight as well as an opportunity to process.

The days here at Re-Member can be exhausting, and it is imperative that you have a chance to talk through what you see and hear. It is also important for you, your fellow group members, and our staff to have the opportunity to draw strength or knowledge from the experiences and insights of others. Therefore, we ask you to be present and engaged at both *Wisdom of the Elders* and *Roses and Thorns*.

# We respectfully ask that you consider putting your technology in "airplane mode" (or turning if off entirely) for the week, and place extra emphasis on being present and not distracted.

During every moment of every day, we ask that you to be willing to learn about life on the reservation, both in the past and in the present.

### **BASIC SAFETY GUIDELINES**

Of utmost importance to a successful and productive service-learning trip is the safety of all volunteers. The nature of our construction work involves manual labor, with ever-present risk of injury. Most volunteers will perform some activities that are unfamiliar to them, and many will experience more physical exertion than that to which they are accustomed.

Re-Member coordinates the workweek activities of many volunteers, and has done so for many years. Very few serious injuries have occurred, although minor scrapes, cuts, sunburn, etc. do happen occasionally. This good safety record is due, in part, to the experience that the Re-Member staff brings to the task. We are mindful of the fact that many of our volunteers are unskilled in many construction-related tasks.

Our staff will provide direct hands-on guidance and instruction in construction techniques. However, **volunteers and group leaders are ultimately responsible for their own safety.** Please be prepared for: physical exertion, weather-related risks (hot and dry weather, cold weather, windy conditions), chemical exposure (cleaning products, paint), and construction projects (lifting, power tools). Safety equipment, including gloves, goggles, and masks, are always available.

During the work day, volunteers are encouraged to take breaks and to consume adequate liquids. Due to elevation and climate conditions, the risk of sun exposure and dehydration is very high, and we encourage our volunteers to have a water bottle with them at all times.

Sometimes, volunteers with little experience are "shut out" of work by more experienced volunteers who may feel that they should take over. Group leaders are encouraged to discuss this with their volunteers and help prevent this from happening. Re-Member encourages all of its more experienced or skilled volunteers to mentor those with less or no experience, and help our staff bring all volunteers into the work day. This will enhance the experience for all our volunteers, whatever level of skill you possess.

### **VOLUNTEER ACCOMMODATIONS**

We have two bunkhouses, each featuring the same style of twin-size beds that we build in our workshop and deliver to families across the reservation.

In our large bunkhouse (*Shelem*), all female volunteers are in one room and all male volunteers are in another. The sleeping quarters are on opposing sides of a great room, where we gather for morning wisdom and evening speakers. There are separate shower and toilet facilities for men and women.

Our smaller bunkhouse (*Kiksuya*) is divided into four bedrooms. There is a common area for seating, and separate shower and toilet facilities for men and women.

### MEALS AND DIETARY ACCOMMODATIONS

We provide three meals daily. We can accommodate lactose intolerance or a basic, lacto-ovo vegetarian diet, but we are unable to accommodate further specialized or restrictive diets.

Volunteers with **specific dietary restrictions** are asked to provide your own supplemental, alternative foods. Please plan to bring these items with you, or have them shipped prior to your arrival.

We will provide refrigerator and pantry space as needed, as well as kitchen access for meal preparation.

Sample menu (salad & toppings available every night)

- Saturday: Buffalo stew (veggie stew is available)
- Sunday: Burgers and hot dogs (veggie burgers are available)
- Monday: Mac and cheese with a side of ham or chicken
- Tuesday: Taco salad (with meat or beans)
- Wednesday: Spring season: Spaghetti (available without meat) / Summer season: Pulled pork BBQ
- Thursday: Baked potato bar

Breakfast consists of cereals, hard boiled eggs, oatmeal, toast, and fruit. Lunch consists of sandwiches, chips, fruit/veggies, and snack foods.

### PACKING LIST

You will be with us for six nights. Be prepared for three work days, two tour days, and at least two days of travel depending on where you are traveling from. Please pack light – bring enough clothes for the week and no more – as storage space in our bunk rooms is limited.

Volunteers will not have access to laundry facilities.

### Packing for the weather

Spring and fall volunteers: It may be cold and snowy, or it may be hot. Bring layers!

In addition to your everyday items, we recommend bringing slippers or foot coverings to wear inside the bunkhouse. If conditions are muddy, you will be asked to leave your shoes at the door.

**Summer volunteers:** If you are coming in the summer, chances are it will be hot. It is not uncommon for temperatures to reach upward of 100° during the day but drop to the 50s-60s at night.

In addition to your everyday items, we recommend packing one set of long pants along with a light jacket or sweatshirt.

### No matter what time of year, be sure to bring a hat, sunscreen, sunglasses, and a water bottle!

#### Linens and toiletries

While we do provide a clean fitted sheet, we do not provide additional linens or blankets/pillows. Please pack:

- Sleeping bag OR sheets and blanket, and pillow
- Towel and washcloth
- Toiletries

Some of our volunteers like to sleep outside, under the stars. If you choose to try this, it is also suggested that you bring a tarp, or other form of ground cover, with stakes to hold it down.

### Packing for work

Keep in mind that you may be painting, sanding, staining, or doing any other number of work projects. Do not pack your favorite t-shirt. Bring clothes that can get dirty or even ruined!

#### Footwear

We require that all volunteers have shoes (sneakers are fine) for our work projects and workshop. Sandals are fine at other times. Again, please also bring slippers or footwear for inside the facilities in case we have muddy conditions.

### Tools and safety equipment

You do not need to bring any tools. We have abundant safety equipment, including safety-glasses/goggles, ear plugs, and dust masks. We do recommend that you bring your own work gloves to ensure a proper fit.



### Money

While all meals, accommodations, and transportation during your stay are included in your trip cost, there are opportunities to purchase crafts from local crafters and artists. This is entirely optional. For many residents on Pine Ridge, the sale of crafts is their primary source of income.

If you think you may be interested in purchasing crafts, please bring some cash with you as we do not have easy access to banks or ATMs and most artists are unable to cash non-local checks, or process credit/debit cards.

We sell branded Re-Member apparel and are able to process all forms of payment, including credit cards when the "canteen," our on-site store is open.

### Other

Camera; reading/writing material.

### WHAT NOT TO BRING

Clothing or items with "Indian" logos of any kind, or "Indian-type" apparel. These may be viewed as offensive by the residents of Pine Ridge. Similarly, we ask that clothing with wording / pictures which could be construed as overt proselytizing be avoided too.

Also, in keeping with cultural beliefs, we respectfully ask that you do not wear clothing of a revealing nature (i.e. spaghetti strap or low-cut tops, crop-tops, short-shorts, etc.) while out on a work crew. This, too, may be viewed as disrespectful and offensive by some of the residents. **In general, the rule of thumb is modesty and respect.** 

Volunteers will not have internet access, so please leave your tablets and laptops at home!



### SAMPLE ITINERARY

This Itinerary most accurately reflects our summer months. *Please note that this is a sample only and is subject to change. However, it will give your group a good idea of what to expect.* 

<u>Saturday</u>		Wednesday				
Arrive at Re-Member between 2 and 4 p.m.		6:30 A.M.	Wake up, bathroom/showers			
4:15 P.M.	Orientation	7:00 A.M.	Breakfast at Shelem			
5:00 P.M.	Dinner at Shelem	8:30 A.M.	Wisdom of the Elders			
7:00 P.M.	Travel to Powwow (if available)*	9:00 A.M.	Work day begins			
9:30 P.M.	Quiet time, reading, bathroom/showers	12:00 P.M.	Lunch at worksite			
10:30 P.M.	Lights out	1:00 P.M.	Work Day, continued			
10.001.1.1.	218100 000	5:00 P.M.	Dinner at Shelem			
<u>Sunday</u>		6:30 P.M.	Cultural program**			
7:00 A.M.	Wake up, bathroom/showers	8:00 P.M.	Roses & Thorns			
7:45 A.M.	Breakfast at Shelem	9:00 P.M.	Free time, reading, bathroom/showers			
9:00 A.M.	Wisdom of the Elders	9:30 P.M.	Quiet time			
10:00 A.M.	Cultural program: Wounded Knee visit	10:30 P.M.	Lights out			
12:00 P.M.	Picnic lunch	10.501.001				
1:00 P.M.	Visit Badlands N.P., Southern Unit hike	<u>Thursday</u>				
5:00 P.M.	Dinner at Shelem	6:30 A.M.	Wake Up, Bathroom/Showers			
6:30 P.M.	Cultural program**	7:00 A.M.	Breakfast at Shelem			
8:00 P.M.	Roses & Thorns (reflection of the day)	8:30 A.M.	Wisdom of the Elders			
9:00 P.M.	Free time, reading, bathroom/showers	9:00 A.M.	Work day/tour day****			
9:30 P.M.	Quiet time	12:00 P.M.	Lunch at worksite/tour-site			
10:30 P.M.	Lights out	1:00 P.M.	Work day/tour day, continued			
	6	4:30 P.M.	Final volunteer cleanup			
<u>Monday</u>		5:30 P.M.	Dinner at Shelem			
6:30 A.M.	Wake up, bathroom/showers	6:30 P.M.	Finish cleanup/packing			
7:00 A.M.	Breakfast at Shelem	7:00 P.M.	Final sharing / <u>Sunset &amp; sundaes</u>			
8:30 A.M.	Wisdom of the Elders	9:00 P.M.	Free time, reading, bathroom/showers			
9:00 A.M.	Work day begins	9:30 P.M.	Quiet time			
12:00 P.M.	Lunch at worksite	10:30 P.M.	Lights out			
1:00 P.M.	Work Day, continued	10.301.101.	Lights out			
5:00 P.M.	Dinner at Shelem	<u>Friday</u>				
6:30 P.M.	Cultural program**	6:30 A.M.	Wake Up, Bathroom/Showers			
8:00 P.M.	Roses & Thorns	7:00 A.M.	Continental Breakfast at Shelem			
9:00 P.M.	Free time, reading, bathroom/showers	8:00 A.M.	Packing/Final Sweep/Mop			
9:30 P.M.	Quiet time	9:00 A.M.	Departure			
10:30 P.M.	Lights out		- • F			
		* We will trav	vel to a powwow if there is one happening locally.			
<b>Tuesday</b>			This is much more common in the summer months.			
6:30 A.M.	Wake up, bathroom/showers					
7:00 A.M.	Breakfast at Shelem	** Cultural programs may include: speakers, Lakota singing				
8:30 A.M.	Wisdom of the Elders	and dancing, and/or traditional Lakota games.				
9:00 A.M.	Work day begins					
12:00 P.M.	Lunch at worksite	*** The Com	munity Dinner occurs on Wednesday evenings			
1:00 P.M.	Work day, continued	from approximately Memorial Day through Labor Day.				
5:00 P.M.	Dinner at Shelem	nom approximatery Memorial Day anough Eabor Day.				
5:45-6:00	Midweek volunteer cleanup	**** Our Tour Day may include: Visits to museums, the tribal				
6:30 P.M.	Cultural program**	college, and area craft outlets and businesses.				
8:00 P.M.	Roses & Thorns	conege, and area class outers and businesses.				
9:00 P.M.	Free time, reading, bathroom/showers	Our work projects consist of building/installing bunk beds,				
9:30 P.M.	Quiet time	outhouses, trailer skirting, wheelchair ramps and entry steps,				
10:30 P.M.	Lights out		gardening, and cutting/splitting/delivering firewood depending			
		on the season.				

### **RECOMMENDED READING**

**On the Rez** by Ian Frazier: A contemporary book about life on Pine Ridge from a white man's perspective. You will enjoy reading about and then encountering many locations.

**Neither Wolf nor Dog, The Wolf at Twilight and The Girl Who Sang To The Buffalo** by Kent Nerburn: Well-written books about the author's encounters with Lakota people; provides insight into present day thoughts on Pine Ridge. **The Earth Shall Weep** by James Wilson: A history of North American Indigenous peoples, written from *their* perspective. It provides great insight into the effect of the European invasion of the Americas.

**Bury My Heart at Wounded Knee** by Dee Brown: For decades, this has been the definitive book about the Western Indian tribes generally and the Lakota particularly, and covers their history from the mid-1850's to the massacre at Wounded Knee in 1890.

**The Moon of Popping Trees** by Rex Allen Smith: This is another account of the 1890 Wounded Knee Massacre, and provides a slightly different take on the event, with references to many articles and documents of the day.

**In the Spirit of Crazy Horse** by Peter Matthiesson: The story of the 1975 shooting of two FBI agents on Pine Ridge and the subsequent trial of AIM activist Leonard Peltier.

**Crazy Horse and Custer** by Stephen E. Ambrose: Written by the noted historian, tells the story of both men and the events that drew them together.

**God is Red:** A Native View of Religion by Vine Deloria, Jr. – A comparison between Native religion and both Judaism and Christianity, although he paints both with broad strokes, it presents a powerful challenge to some Christian doctrine.

**Custer Died for Your Sins: an Indian Manifesto** by Vine Deloria, Jr.: Covers both Native spirituality and the anger that permeates the lives of many Native Americans today.

**Gift of Power: the Life and Teachings of a Lakota Holy Man** by Chief Archie Fire Lame Deer: A story of transformation from anger and survival to redemption as a holy man.

**Black Elk Speaks**, transcribed by John C. Neihardt: This is a very famous text by the most famous Lakota Holy Man, as transcribed by John Neihardt. Re-Member's volunteer groups eat at the restaurant owned by Black Elk's great granddaughter, near the location where this text was dictated.

**Wounded Knee II** by Rolland Dewing: A thorough history of the events of 1973 when the American Indian Movement (AIM) occupied the village of Wounded Knee. The effects of this period are still evident on the reservation today.

**Travels In A Stone Canoe: The Return to the Wisdom Keepers** by Harvey Arden and Steve Wall; **Wisdom Keepers: Meeting with Native American Spiritual Elders** by Steve Wall; **Wisdom's Daughters: Conversations with Women Elders of Native America** by Steve Wall; **Noble Red Man: Lakota Wisdom Keeper Matthew King** by Harvey Arden: The authors write extensively about their encounter with contemporary Native American spiritual elders.

Meditations with the Lakota by Paul Steinmetz: Prayers, songs and stories of healing and harmony.

The Sacred Pipe: Black Elk's Account of the Seven Rites of the Oglala Lakota, by Joseph Epes Brown: An explanation of the sacred rights of the Lakota religion.

**Walking in the Sacred Manner / Madonna Swan / Of Uncommon Birth** by Mark St. Pierre with his wife, Tilda Long Soldier. The 1st is about Lakota women, spirituality and healing. The 2nd discusses an exceptional Lakota woman; and the 3rd tells the story of two South Dakota soldiers during the Vietnam War; one Lakota, one white.

The Lakota Way by Joseph M. Marshall III. Stories and lessons for living.

Not For Sale by Kevin Hancock. A journal about a personal journey of discovery in the land of the Lakota.

### **RECOMMENDED FILMS**

*Smoke Signals*: Gives you a sense of life on a reservation.

Skins: By the same director as Smoke Signals, it is about Pine Ridge and was primarily filmed there.

*Incident at Oglala*: Produced by Robert Redford, this is an outstanding documentary about Leonard Peltier and events during and immediately following the occupation of Wounded Knee in 1973 by the American Indian Movement.



*Thunderheart*: This is loosely based upon the events detailed in *Incident at Oglala* and was filmed here on Pine Ridge. Jerome High Horse, our Construction Manager, was an extra in this film.

**Dances with Wolves**: This is a beautifully filmed movie and very well done. Some of the residents on Pine Ridge say that they got the dialect wrong in the movie. This is also typical of Hollywood, in that the focus of the movie is on the love affair between two Euro-Americans who ride off together, leaving the Native people to their fate.

*American Indian Homelands: Matters of Truth, Honor and Dignity-Immemorial*: Narrated by Sam Donaldson, an excellent documentary about land issues on Indian Reservations. Can be hard to find.

*The West, 500 Nations, and Into the West*: These three series, by Ken Burns, Kevin Costner and Steven Spielberg respectively provide multiple historical perspectives, each for different reasons.

*Bury My Heart at Wounded Knee*: Produced by HBO in May 2007, this film focuses on Henry Dawes, the allotment of land for farming by Indians, and the Massacre at Wounded Knee.

*Dreamkeeper:* A 2003 film about a Lakota Elder and Storyteller and conflicts with his grandson about traditional vs. contemporary ways and life on the Rez.

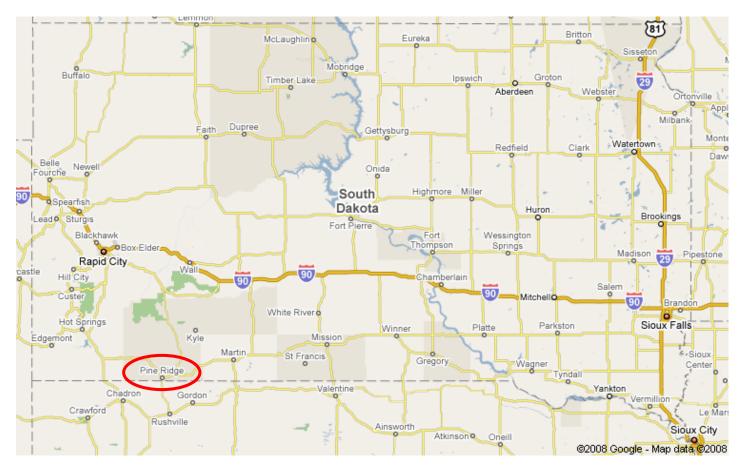
# NOTE: Some of these movies may contain violence and content which, although culturally relevant, could be difficult or inappropriate for young viewers. We suggest that Group Leaders pre-screen movies before showing them to the entire group.

Questions or concerns?

Please make notes here and contact your Group Leader or Re-Member's Trip Coordinator to discuss.

### **DIRECTIONS TO RE-MEMBER**

**DO NOT RELY on phone/GPS or online mapping programs to find us!** There is no "grid" here on Pine Ridge, and we hate to say it, but we can pretty much guarantee that you will get lost. Re-Member is accurately located on Google Maps, however, and the routing is reliable if you would like to print off a map to follow. Search for "Re-Member – Pine Ridge, South Dakota."



Re-Member is located off U.S. Highway 18, 8 miles east of the Village of Pine Ridge at mile marker 112. This is one mile west of the intersection of Highway 18 and BIA 27.

