

**SAMPLE ITINERARY
REGULAR VOLUNTEER PROGRAM**



Saturday

Arrive at Re-Member between 2:00 and 4:00 P.M.
4:30 P.M. Orientation
5:00 P.M. Supper
6:30 P.M. History I
7:00 P.M. Cultural Program*
9:30 P.M. Quiet Time, Bathroom/Showers
10:30 P.M. Lights Out

12:00 P.M.
1:00 P.M.
5:00 P.M.
6:30 P.M.
8:00 P.M.
9:30 P.M.
10:30 P.M.

Lunch
Work Day Continues
Supper
Cultural Presenter
Roses & Thorns (Reflection)
Quiet Time, Bathroom/Showers
Lights Out

Sunday

7:00 A.M. Wake Up, Bathroom/Showers
7:45 A.M. Breakfast
8:30 A.M. Wisdom of the Elders
9:45 A.M. Wounded Knee Visit/Presentation
12:00 P.M. Lunch
1:30 P.M. Badlands National Park Visit
5:00 P.M. Dinner
6:30 P.M. Cultural Presenter
8:00 P.M. Roses & Thorns (Reflection)
9:30 P.M. Quiet Time, Bathroom/Showers
10:30 P.M. Lights Out

Wednesday

6:30 A.M. Wake Up, Bathroom/Showers
7:00 A.M. Breakfast at Shelem
8:30 A.M. Wisdom of the Elders
9:00 A.M. Work Day / Tour Day Begins
12:00 P.M. Lunch
1:00 P.M. Work Day /Tour Day Continues
5:00 P.M. Supper (Community Dinner**)
6:30 P.M. Cultural Presenter
8:00 P.M. Roses & Thorns (Reflection)
9:30 P.M. Quiet Time, Bathroom/Showers
10:30 P.M. Lights Out

Monday

6:30 A.M. Wake Up, Bathroom/Showers
7:00 A.M. Breakfast at Shelem
8:30 A.M. Wisdom of the Elders
9:00 A.M. Work Day Begins
12:00 P.M. Lunch
1:00 P.M. Work Day Continues
5:00 P.M. Supper
6:30 P.M. Cultural Presenter
8:00 P.M. Roses & Thorns (Reflection)
9:30 P.M. Quiet Time, Bathroom/Showers
10:30 P.M. Lights Out

Thursday

6:30 A.M. Wake Up, Bathroom/Showers
7:00 A.M. Breakfast at Shelem
8:30 A.M. Wisdom of the Elders
9:00 A.M. Work Day / Tour Day Begins
12:00 P.M. Lunch
1:00 P.M. Work Day /Tour Day Continues
5:00 P.M. Supper
6:30 P.M. Final Sharing (Reflection)
8:30 P.M. Sunset & Ice Cream Sundaes
9:30 P.M. Quiet Time, Bathroom/Showers
10:30 P.M. Lights Out

Tuesday

6:30 A.M. Wake Up, Bathroom/Showers
7:00 A.M. Breakfast at Shelem
8:30 A.M. Wisdom of the Elders
9:00 A.M. Work Day Begins

Friday

6:30 A.M. Wake Up, Bathroom/Showers
7:00 A.M. Breakfast
8:00 A.M. Packing/Final Sweep/Mop
9:00 A.M. Departure

* We will travel to a powwow if there is one happening locally. This is much more common in the summer months. When a powwow is not available, alternative cultural programming will typically be offered.

** The Community Dinner occurs on Wednesday evenings from approximately Memorial Day through Labor Day. Local artisans will join volunteers for dinner, with the opportunity to sell their crafts.

Work Day projects consist of building/delivering bunk beds, outhouses, trailer skirting, wheelchair ramps and entry steps, structural repairs, and splitting/delivering firewood.

Tour Day includes stops at the tribal college, area crafters, businesses and schools. Lunch will be provided at Bette's Kitchen, an Oglala Lakota owned restaurant.